

## **TRI SPORTS Volleyball 6 - on - 6 Rules**

### **IT IS THE RESPONSIBILITY OF TEAM CAPTAINS TO REPORT THEIR GAME RESULTS TO THE SUPERVISOR BEFORE LEAVING THE COURTS EVERY WEEK.**

**1. Game Time/Default:** Game time is start time. Please arrive 15 minutes early to ensure that your games start on time. Odd/Even number guess will determine which team serves first. Matches are best-of-3, with league standings determined first by match wins and then by win %-age. Games are rally scored and matches are played to 21 points. You must win by 2 points, but there is a cap at 25 (i.e. final score of 25-24). There is a 1-hour time limit. League Supervisor will be the official timekeeper. Teams are comprised of six (6) players with a minimum of two (2) females on the court at all times. A team can play a legal match with just 1 female, but no more than 4 males may be on the court at any time (4M/1F or 3M/1F). Teams having 3 players or fewer is a default, regardless of genders. A default for each game will occur if a team cannot field a squad 10 minutes after the game's official start time (e.g. a team that is not ready to play 15 mins. late will forfeit the first game, but can play the second and third games of the day).

#### **2. General Rules:**

i. Rally point scoring is used ALWAYS during regulation league play.

ii. A player may not block or spike a serve.

iii. Players can open-hand volley a serve.

iv. A server may serve the ball from anywhere along the baseline.

v. A player may play the ball off any part of his/her body, including feet. Please be careful.

vi. A player may not touch the net during any part of the play. Please call your own net violations. Inconsequential contact with the net by a player not making a play on the ball should be ignored, unless it disrupts the play.

vii. Rotate new players in at the server position.

viii. A player should not pass under the net during play. Players should remain on their own sides. When a player lands on the opponents' side during play, play should be stopped and point awarded to the non-violating team.

ix. Servers DO rotate after five consecutive points. The same team continues to serve.

x. Teams may call a one (1) minute time-out per match if needed.

xi. Games are usually played rain or shine!

xii. Serves that hit the net and continue over the net are "in play".

3. Discrepancies: All games are self-refereed. Any disputes will be discussed amongst the two team captains. Please play honestly and call your own infractions (double hit, net, etc). If a dispute cannot be settled, the point should be re-served – It's a "DO OVER!"

#### **General League Rules - apply to all TRI SPORTS sporting events**

**Player Eligibility:** SUBSTITUTES are allowed, but must be legally registered rostered players. PLAYOFFS- players must play in at least 1 regular season match in order to be eligible to participate in the playoffs.

**Tiebreakers:** League standing tiebreakers will be by head-2-head, and win %-age.

**Protective Gear:** For everyone's protection, knee braces must be of a soft material or be covered and padded so that no hard plastic or metal is exposed. You will not be allowed to play unless your brace is ok.

**Jewelry:** All dangling chains, watches, rings, and jewelry should be removed for the safety of all players involved.